

# THE BURN VALLEY RUN COMMITTEE

Proudly Present the 22nd



BURN VALLEY RUN  
www.burnvalleyrun.com

## BURN VALLEY RUN



Sunday July 1st 2012  
Start Time 1pm



UK Athletic  
Licence No.  
2012-102895



SWINTON PARK  
North Yorkshire  
luxury castle hotel



I'Ansons  
Quality Feeds



The race starts and finishes on the historic Masham Market.

All proceeds from the race are donated to Local Schools and Community Youth Projects

The course takes you through the grounds of the magnificent Swinton Park Castle Hotel, and into the stunning countryside of Colsterdale and the Burn Valley.

The course is undulating, and is run on rural and moorland roads, and is a good test of endurance and stamina.

In recognition of the support given by all the athletes over the years and the present tough economic climate, the Race Entry fee is reduced by £1 from that in 2011.

However, due to increased costs in providing the necessary medical cover, traffic management etc for the event to meet the Race Licence requirements, all finishers this year will receive a quality medal only, plus spot prizes will be given at random intervals after 40th place. This should enable us to maintain the level of donations to our chosen causes.

All runners will still be eligible for a delicious post race tea to be held in Masham Town Hall prior to the Race Presentations.

There is a 2 mile off road Fun Run for 16 yrs and under. Start 11am  
Entries on the day. All finishers will receive a medal. Plus awards for local Masham Schools.

## PRIZE LIST

1st Man £50 cash, plus Dinner for 2 at Swinton Castle.

2nd Man £70 value inc £30 cash, 3rd Man £50 value inc £20 cash 4th Man £40 value, 5th Man £30 value.

1st Woman £50 cash, plus Dinner for 2 at Swinton Castle.

2nd Woman £70 value inc £30 cash, 3rd Woman £50 value inc £20 cash, 4th Woman £40 value, 5th Woman £30 value.

1st 3 Men & Women O/35, O/40, O/45, O/50, O/55, O/60, 1st 2 Men & Women O/65 and 1st Man & Woman O/70.

Prizes to the value 1st £30, 2nd £25, 3rd £15. 1st Male & Female Teams Prize value £30 each

NOTE: One prize per person, except team prizes. (Club colours must be worn).

£100 Cash Bonus Payments for Male & Female Course Records

1st Male time under 71.11 - 1st Female time under 84.06

( Ian Fisher 1999 )

( Sheila Allen 2000 )